



# Nappy changing

## Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training unless there are medical or other developmental reasons why this may not be appropriate at the time. We encourage young children from two years to wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.

We provide nappy changing facilities and exercise good hygiene practices to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children can learn, with the full support and non-judgemental concern of adults.

## Supporting Children During Nappy Changes

- Our changing area is warm, with a safe area to lay children with no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention
- We are gentle when changing; we avoid pulling faces and making negative comments about nappy contents.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet. Older children access the toilet when they have the need to and are encouraged to be independent
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.

## Key Persons

- key persons should have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups', and change nappies according to this schedule, or more frequently where necessary.
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].

## Procedure

- You should be familiar with our hygiene procedures and carry these out when changing nappies
- Young children should always be changed within sight of other staff whilst maintaining their dignity and privacy.
- You should gather all necessary items needed before each nappy change.
- Wash and dry your hands then put on a new set of gloves and an apron before changing each child.
- Put down a fresh paper towel on the changing mat each time you change a nappy.
- Place the child on the changing mat. Never turn your back on a child or leave them unattended whilst they are on the changing mat
- Remove the child's clothing to access the nappy.
- Remove the nappy and place inside a nappy sack, note that any soil (faeces) in nappies or pull ups should be flushed down the toilet before bagging. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled should be rinsed and bagged for parents to take home.
- Using the wipes, clean the child from front to back and place the used wipes in the nappy sack.
- Apply cream if necessary and put a clean nappy on and dress the child (parental advice should always be sought with regards to cream).
- Place the nappy sack in the bin along with your gloves and apron.
- If age appropriate you should encourage children to wash their hands using soap, warm water and towels to dry. They should be allowed time for some play as they explore the water and the soap.
- Wash and dry your hands before taking the child back to the room.
- Return to the changing facilities and clean the nappy changing area with antibacterial spray.
- Each nappy change should be recorded, detailing the time and whether the child was wet, dry, or soiled. This information should be shared with parents/guardians in the child's communication book.

## Related Forms/Policies

- Hygiene Policy
- Changing time schedule
- Child's communication book

This policy was adopted by

**Nailsworth Playgroup**

*(name of provider)*

On

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*(date)*

Date to be reviewed

\_\_\_\_\_

*(date)*

Signed on behalf of the provider

Name of signatory

Role of signatory (e.g. chair, director or owner)

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